FLOWER CHILD

HEALTHY FOOD FOR A HAPPY WORLD

CATERING MENU

ORDER HERE

Or call your local Flower Child
Place catering orders 15 hours in advance

Packages

FEEDS 8-10 HAPPY PEOPLE

NOURISH A TRIBE $174
choose chicken or tofu / 1 large salad / 3 sides

GET TOGETHER $199
choose steak*, shrimp, or salmon* / 1 large salad / 3 sides

BOUNTIFUL BOWLS $179
choose 2 large bowls / avocado or classic hummus with veggies & pita

THE GRATEFUL SPREAD $179
choose 1 large salad / 6 wraps / avocado or classic hummus with veggies & pita

THE GATHERER $179
choose 1 large salad / 5 sides / avocado or classic hummus with veggies & pita

CHOOSE YOUR SALAD

TACO SALAD ⊙ ⊗
chickpea chorizo, tomato, roasted corn, black bean, aged cheddar, tortilla chips, cilantro, green onion, cabbage, romaine, avocado, tomatillo vinaigrette

BRUSSELS SPROUTS & ORGANIC KALE ⊙ ⊗
red grape, organic apple, pink grapefruit, white cheddar, smoked almond, apple cider vinaigrette

CHOPPED VEGETABLE ◐ ⊗
organic greens, romaine, avocado, heirloom carrot, snap pea, radish, baby tomato, cucumber, toasted sesame seed, ginger miso vinaigrette

SKINNY COBB ⊙ ⊗
romaine, arugula, red cabbage, avocado, tomato, cucumber, crunchy corn, pickled onion, smoked almond, gorgonzola vinaigrette

AVOCADO CAESAR ⊙
romaine, parmesan, bread crumb, chive, avocado caesar dressing

CHOOSE YOUR BOWL

GLOW BOWL ◐ ⊗
sweet potato noodle, shiitake, onion, snap pea, cilantro, mint, sunflower sauce

MOTHER EARTH ◐
ancient grains, sweet potato, portobello mushroom, avocado, cucumber, broccoli pesto, charred onion,leafy greens, red pepper miso vinaigrette, hemp seed

"FORBIDDEN" RICE ◐ ⊗
black pearl, red japonica, snap pea, bok choy, broccoli, carrot, onion, toasted sesame, red chili hoisin

SPICY COCONUT GREEN CURRY ◐ ⊗
jasmine rice, broccoli, red bell pepper, snap pea, yellow onion, heirloom carrot, pineapple, asian herb

CHICKEN YAKISOBA NOODLES +$20
grilled chicken thigh, wok seared vegetables, sesame garlic sauce, roasted cashew

CHICKEN ENCHILADAS ⊗ +$20
guajillo chile, smoked gouda, poblano crema, organic black bean, roasted corn, avocado

CHOOSE YOUR WRAP

THE 1924
grilled chicken, artisan tortilla, parmesan, garlic toast, lemon, fontina, tomato, romaine, avocado caesar dressing

FLYING AVOCADO
roasted turkey, gouda, romaine, tomato, avocado hummus

BLACK BEAN FALAFEL ◐
hummus, tomato, pickled red onion, arugula, romaine, mediterranean herbs, tzatziki

THE REBEL*
grass-fed steak, charred onion, arugula, creamy horseradish, fontina cheese

CHOOSE YOUR SIDE

ROASTED HEIRLOOM CARROTS ⊙ ⊗
za'atar spice, whipped feta, herb chermoula

SMASHED GOLD POTATO ⊙ ⊗
roasted garlic & thyme

GLUTEN-FREE MAC & CHEESE ⊙ ⊗
aged white cheddar, parmesan

ROASTED BROCCOLI ⊙
lemon, garlic, parmesan, bread crumb

OLIVE OIL ROASTED VEGETABLES ◐ ⊗
cauliflower, broccoli, heirloom carrot, green bean, lemon, thyme

ROASTED BRUSSELS SPROUTS ◐ ⊗
caramelized cabbage, thai basil, umami sauce

SWEET CORN & QUINOA ⊙ ⊗
greek yogurt

RED CHILE GLAZED SWEET POTATO ◐ ⊗
bok choy & sesame seed

CAULIFLOWER "RISOTTO" ◐
cauliflower rice, coconut, toasted bread crumb, lemon, parsley

KALE SALAD ⊙
lemon, roasted garlic, zucchini, parmesan, bread crumb

FRESH FRUIT ◐ ⊗
pineapple, mandarin orange, organic red grape

SIMPLE STEAMED BROWN RICE ◐ ⊗

Want to Add On?

HUMMUS WITH RAW VEGGIES & PITA - $73 *feeds 5 - 6*

SIDE - $43 *feeds 5 - 6*

SALAD - $58 *feeds 5 - 6*

BOWLS - $75 OR $95 *feeds 5 - 6*

WRAP - *6 wraps/12 pieces ($89)*
12 wraps/24 pieces ($177)

PROTEIN: *feeds 5 - 6*
Chicken ($79), Salmon ($99), Shrimp ($97), Steak* ($99), Tofu ($66)*

Beverages $32

flower child lemonade or iced tea
available by the gallon

Dessert

Chocolate Chip Cashew Cookies $24 ⊙ ⊗
Double Chocolate Almond Brownies $45 ⊙ ⊗
Cookie + Brownie Duo $39 ⊙ ⊗
feeds 10-12 people

ORDER HERE

DELIVERY AVAILABLE!

⊙ VEGETARIAN ◐ VEGAN ⊗ GLUTEN-FREE

*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. While we offer gluten-free items, our kitchen is not gluten-free.